

Spanish Rice

Ingredients

½ cup rice
1 cup water
1 tsp olive oil
¼ cup onion, finely chopped
¼ cup frozen peas
1 tbsp garlic, finely minced*
¼ cup fresh tomato, chopped
1 tbsp tomato paste
1 tsp ground cumin
Pinch of salt and pepper

*½ tsp garlic powder may be substituted

Method

Combine all ingredients in the convectionware. Stir to combine.

Secure lid on the convectionware and place in a preheated 450 degree oven for 20 minutes.

Remove from the oven and let stand covered for 5 minutes.

Remove the lid and fluff with a fork before serving.