

Cucumber Mint Relish

Ingredients

1 small cucumber, peeled and seeded, small dice

1 roma tomato, small dice

¼ cup red onion, small dice

¼ cup mint, rough chop

2 tbsp parsley, rough chop

1 tbsp jalapeno pepper, small dice (optional)

¼ cup red wine vinegar

½ cup olive oil

1 tsp salt

1 tsp black pepper

Method

Combine all mix all ingredients in a medium sized bowl, and store covered in the refrigerator until ready to serve. Best used fresh, but can be kept for up to 1 day.